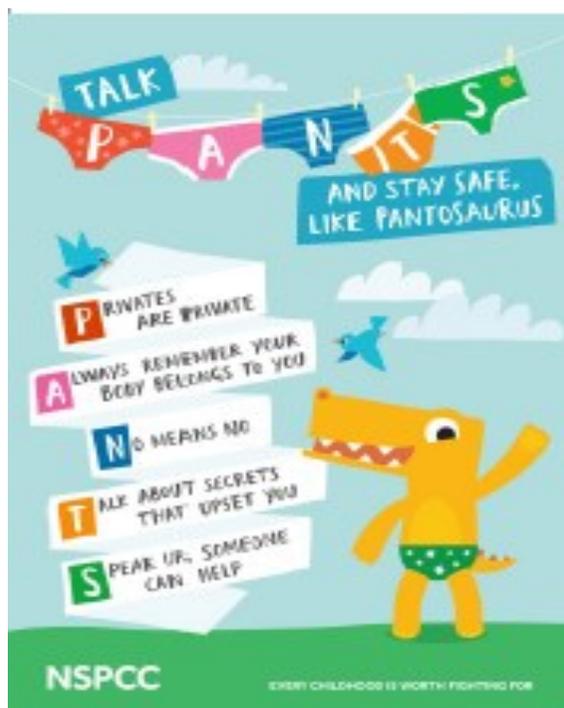


NSPCC Pantosaurus

In the EYFS at Thorpe Acre we support our children to understand how to keep their bodies safe, and how they must talk to a trusted adult if they are unsure at anytime. Please look at the NSPCC website for guidance for Parents and Carers.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



If you have any questions please talk to a member of the EYFS team and we will be more than happy to answer any questions you might have.



Health and Relationships Education in the EYFS at Thorpe Acre Infant School



Information for Parents and Carers

Cambridgeshire PSHE topics

My Body and Growing Up

These are the objectives we cover:

- *To understand and value what their bodies can do.**
- *To describe their own appearance and name their external body parts including using agreed names for the sexual parts ie the names a Doctor might use eg. penis, testicles, vulva and vagina.**
- *To recognise the similarities and differences between our bodies using play through baby dolls.**
- *To understand the way their bodies have changed since they were babies.**
- *To understand ways to keep their bodies safe and how to look after them and keep them clean.**
- *To understand about how members of their family and other trusted adults care and look after them.**



Keeping Safe

- *To understand ways to keep their bodies safe and how to look after them and keep them clean.**
- *To understand about how members of their family and other trusted adults care and look after them.**
- *To understand ways in which they can take responsibility for looking after themselves and recognise situations where they still need to be supported by others.**
- *To recognise how growing up makes them feel.**

We support the children in understanding the need to talk to a trusted family member or adult that cares for them if they have any concerns or worries.

Children need the opportunity to talk.

Circle Time in EYFS

Our Circle Time ethos and Rules

We promote a setting where we 'always listen to others' and 'respect what other people have to say'.

In the EYFS we have circle times where we give the children opportunity to talk through their knowledge and understanding on a range of topics. We also introduce topics for discussion that will support your child in gaining a knowledge and understanding of their development. Talking with our friends, family and trusted adults helps gain an understanding of our world and their place in it.