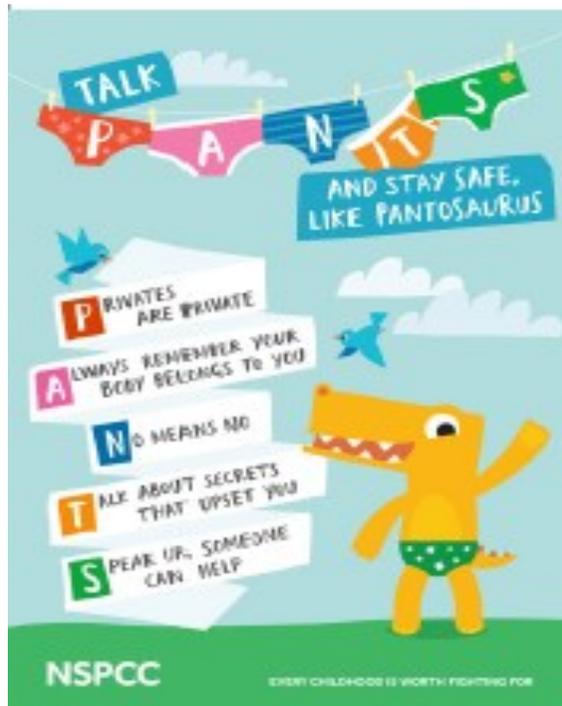


NSPCC Pantosaurus

In Key Stage One at Thorpe Acre we support our children to understand how to keep their bodies safe, and how they must talk to a trusted adult if they are unsure at anytime. Please look at the NSPCC website for guidance for Parents and Carers.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



If you have any questions please talk to a member of the Key Stage One team and we will be more than happy to answer any questions you might have.



Health and Relationships Education in Key Stage One at Thorpe Acre Infant School



Information for Parents and Carers

Cambridgeshire PSHE topics

Health and Relationships

Education 1

These are the objectives we cover:

- *To recognise the main external body parts of humans including agreed names for sexual parts, for example the names a Doctor might use eg, penis, testicles, vulva and vagina.**
- *To describe what their bodies can do.**
- *To understand they have responsibility for their body's actions and that their body belongs to them.**
- *To appreciate how amazing their body is.**
- *To know how to keep themselves clean.**
- *To understand the importance of basic hygiene practices.**
- *To understand what they have learned and be able to share it with others.**



Health and Relationships

Education 2

- *To recognise babies, children and adults of different ages and put them into order.**
- *To understand that human babies grow inside their mother.**
- *To be able to describe the main physical developments which take place in early childhood.**
- *To be able to describe some of the changes in responsibilities and expectations during early childhood.**
- *To understand the basic needs of babies.**
- *To understand how dependent a baby is on parents to provide its basic needs.**

We support the children in understanding the need to talk to a trusted family member or adult that cares for them if they have any concerns or worries.

Children need the opportunity to talk.

Circle Time in Key Stage One

Our Circle Time Ethos and Rules

We promote a setting where we 'always listen to others' and 'respect what other people have to say'.

In Key Stage One we have circle times where we give the children opportunity to talk through their knowledge and understanding on a range of topics. We also introduce topics for discussion that will support your child in gaining a knowledge and understanding of their development.

Talking with our friends, family and trusted adults helps gain an understanding of our world and their place in it.